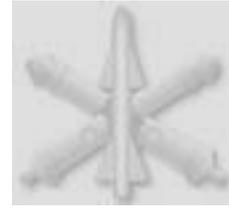


Eagles' Nest Gazette

October 2004

E/6-52 ADA Newsletter



Commander's Corner

The Eagles Strike Battery has successfully completed September. However, it was not an easy month. With Table VIII certifications and the Army Award for Maintenance Excellence Echo stayed busy. Numerous late nights and a few weekends were donated for the cause. We appreciate your continued support as we work towards our various missions. We do have some fun events planned. So, I am looking forward to seeing you at Haunted Shipton on the 29th!

CPT David Dee

FRG Events & Announcements

- October 8th - USAREUR Training Holiday**
- October 11th - Columbus Day**
- October 12th - FRG meeting at the Yellow Ribbon Room (next to the Commissary) at 1830. Bring Halloween candy for Harvest House.**
- October 22nd - Deadline for bringing Halloween candy for Harvest House.**
- October 29th - Haunted Shipton and Harvest House. More details at next FRG meeting.**
- October 31st - Happy Halloween!!**

Volunteers needed – Secretary/Newsletter editor or Treasurer. Also, we will be helping with the Battalion's food sales during the Bazaar on November 6th from 1300-1600. Please let Marlene Adams or Emily Dee know if you are interested.

New Battalion Website – 6-52 ADA Battalion has a new website:
www.6-52ada.ansbach.army.mil
 There is an FRG section and we will be working to get the newsletter posted on-line!

Hails & Farewells

- Welcome** – PFC Golden
PV2 Tata
- Farewell** - SSG Louis

Awards & Promotions

- Promotions-** SGT Santiago
SPC Howeth
PFC Tejada
PV2 Raper

Community Events

ACS Classes - call 4672-883 or CIV 09802-832-883 to sign up.

- Checkbook Management Oct 5th 0900-1100
- Point of Contact Training Oct 5th 0900-1100
- Debt Liquidation Oct 5th 1100-1300
- Investment Basics Oct 6th 0900-1100
- Newlywed Finances Oct 6th 1100-1300
- Resumix Class Oct 6th 0900-1030 & Oct 20th 1300-1530
- ADHD Support Group Oct 14th 1200-1300
- PEP: People Encouraging People Oct 18-21 0830-1400
- AFTB Level III Oct 19-22 0830-1430
- Thrift Savings Plan Class Oct 19th 1000
- Reunion Briefing Oct 19th 1000-1200
- Dress for Success Oct 20th 0900-1030
- EFMP Support Group Oct 21st 1200-1300

Outdoor Recreation - Call 4673-225 or CIV 09802-833-225 to sign up.

- Seiffen Woodworkers October 16th
- Darmstadt Castle (Frankenstein's Castle) October 30th

English as a Second Language and Conversational German

ACS offers ESL and German classes on a regular basis. Call ACS at 09802-832-883 to find out the next starting dates.

Play Morning and Baby Book Club

Every Monday morning from 10:30-12:00 at ACS. Bring your little ones (ages 6 weeks to 3 years) for tons of fun.

Basketball & Cheerleading

Registration October 4-29.

Basketball age cut off is March 15, 2005 (ages 3+) and Cheerleading age cutoff is March 15, 2005 (ages 6+). Season runs from December through March. You will need your child to be registered at CER for duration of sporting event and your child must have a current Health Assessment. For more info, call CER at Katterbach at 09802-832-553.

Operation Holiday International

Pottery Bingo October 7, 2004.

Doors open at 6:15pm, Raffle at 9pm. \$12 for one card, \$20 for two, \$30 for three. Food will be sold throughout the evening. All proceeds benefit Operation Holiday. Must be 18 to attend. Open to US ID card and passport holders only. Volunteers needed. Call Karrie Morris at 09823-926-204.

Flea Market October 16.

1000-1500 at the Ansbach Elementary School gym. You may rent half a large cafeteria table for \$10 or a medium cafeteria table for \$15. Stop by the ARS library to reserve your space today!

Make a Difference Day

October 23rd, 2004. Make a Difference Day is the most encompassing national day of helping others. Created by USA Weekend Magazine, Make a Difference Day is an annual event. This year, your organization can adopt a project. The day begins with a kick-off breakfast at 0800 at the Katterbach Chapel, open to all volunteers. For more information, call Christine Duer at 09802-832-883/846.

Holidays in Bavaria

Presented by the Ansbach Spouses' & Civilians' Club in conjunction with MWR, the 2004 Holiday Bazaar runs November 5th-7th. Come join the fun with vendors from across Europe. Stroller friendly. 2-1 Hangar #4, Bldg 5801, Katterbach Kaserne. Cash, checks and credit cards accepted.

Crafter Booths available!

If you are a crafter, there is an opportunity to have a craft booth at this year's Ansbach Bazaar. Spaces will be available for \$25.00. October 15th, 2004, is the deadline for submitting contract and fee. POC is Jody Toms, Jody.Toms@cmtymail.98asg.army.mil jodieg21@hotmail.com Home: 0981 972-0784 Work: 09802 832-730/ DSN: 4672-730 Cell: 0174 541-1431

Open Enrollment for Thrift Savings

Plan Begins October 15th and runs until December 31st. For more information, log on to www.tsp.gov or stop by ACS's financial readiness office.

College Night at Wuerzburg High

School November 6, 2004.

1330 - 1530
POC: Maribeth Clarke
DSN 350-7176

Domestic Violence Awareness Month

According to the National Domestic Violence Hotline Website:

- In 92% of all domestic violence incidents, crimes are committed by men against women.
- A child's exposure to the father abusing the mother is the strongest risk factor for transmitting violent behavior from one generation to the next.
- Family violence costs the nation from \$5 to \$10 billion annually in medical expenses, police and court costs, shelters and foster care, sick leave, absenteeism, and non-productivity.

Here is a warning list from the Family Advocacy Program. You don't need to answer yes to all of them to have been abused. Has your partner ever...

- Hit, grabbed, choked, bitten, burned, slapped or pushed you?
- Used some kind of weapon against you?
- Hit you with some object like a bat, pan or belt?
- Hit, held or squeezed you so hard that it left a bruise?
- Threatened to hurt or kill you, your children or your friends?
- Withheld money, food, medicine, or transportation from you?

- Called you names, made you feel ashamed of yourself, or humiliated you?
- Destroyed or broken your possessions?
- Threatened to harm or kill himself if you do or don't do something?

For more information on domestic violence, contact the Family Advocacy Program at 09802-832-516/883.

Breast Cancer Awareness Month

2004 marks 20 years of progress for National Breast Cancer Awareness Month, which has educated women about breast cancer detection, diagnosis, and treatment.

- **How common is breast cancer in the U.S.?**

Breast cancer is the second most common cancer in women. It is the second leading cause of cancer death. In 2003, about 211,300 new cases of breast cancer occurred among women in the U.S. An estimated 39,800 women are expected to die from breast cancer this year.

- **What are the risk factors?** Age – the risk increases as a woman grows older. About 82% of breast cancers occur in women age 50+. Personal History – women who have had breast cancer and/or breast disease may develop it again. Family History – The risk of getting breast cancer increases for a woman whose mother, sister, daughter, or 2+ close relatives have had the disease. Breast Cancer Gene – some individuals may be born with a change in one or two genes that are important for regulating breast cell growth.

For more information, log on to these web sites:

www.nbcam.org

www.cancer.org

www.komen.org

Echo Battery FRG Leaders

Marlene Adams marlene.adams@us.army.mil

or 0981-972-2211

Emily Dee emily.smithdee@us.army.mil

or 09825-203-896

This is an Echo 6-52 ADA Battery Family Readiness Group Publication. The views and opinions expressed are not necessarily representative of the Echo 6-52 ADA Battery or the 6-52 ADA Battalion. Comments or concerns should be directed to CPT David Dee david.dee@us.army.mil or call CIV 09802-832-462. Suggestions for newsletter articles should be directed to Emily Dee at emily.smithdee@us.army.mil or 09825-203-896.